

Please do not disturb



Cut along
dotted lines

STUDYING OR IN CLASS

Please do not disturb



Tips for the herd

Claim your space

Use this door hanger to let your family and roommates know when you are in class or studying and need your privacy. Try not to study in bed, otherwise you may end up taking a nap!

Get organized

A little structure in your day will help you feel more in control. Spend a few minutes at the start of each week to plan out when you will complete your assignments. Use your [VCU Google Calendar](#) to block off your time and [Google Tasks](#) to keep track of your daily tasks, organize multiple lists, and track important deadlines.

If you need help getting organized, please make an [appointment with an Academic Coach](#) in the CLC.

Block your distractions

Online learning brings online distractions. Luckily there are many apps that can help you stay focused on completing your assignments. Try [StayFocusd](#), [FocalFilter](#), or [LeechBlock](#).

Divide and conquer

Break up your studying into smaller blocks of time. You'll learn more if you build structured breaks into your schedule. Study for just 25 minutes at a time - and then take a break for 5 minutes. Repeat three more times, and then take a 15-30 minute break. You can do anything for 25 minutes!

Another great way to break up your studying is to attend a [peer-assisted SI study session](#).

Let us help!

Student Success is here to make sure you finish this semester strong. Use [Navigate](#) to make an appointment with the Writing Center, get Tutoring, or meet with your Academic Advisor.

Find [even more tips for learning online](#) at the VCU Campus Learning Center website.