

## Weekly Schedule

Include all classes in one color, and all meetings, work and any other regular appointments you have in a second color.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 am							
9:00 am							
10:00 am							
11:00 am							
12:00 pm							
1:00 pm							
2:00 pm							
3:00 pm							
4:00 pm							
5:00 pm							
6:00 pm							
7:00 pm							
8:00 pm							
9:00 pm							

Include study times in a third color. Suggested study guidelines:

- Study 1 hr a day, 5 days a week for each 3 credit course
- Study 1 hr a day, 2-3 days a week for each 1 credit course
- No more than 2 hours of studying in a row (schedule some breaks)
- Avoid late night study