

SEMESTER GOAL SETTING for ONLINE LEARNING

My **first academic** goal:

My **second academic** goal:

My **self-care** goal:

To reach my goal I will need to take these three action steps:

1.

2.

3.

I'll know I've reached my goal when:

To reach my goal I will need to take these three action steps:

1.

2.

3.

I'll know I've reached my goal when:

To reach my goal I will need to take these three action steps:

1.

2.

3.

I'll know I've reached my goal when:

Two tips to help me stay on track:

1.

2.

Two tips to help me stay on track:

1.

2.

Two tips to help me stay on track:

1.

2.

Tips for Success when Learning Online:

- Take advantage of academic coaching, tutoring and Supplemental Instruction via Zoom
- Schedule a virtual meeting with your advisor
- Consider holding study groups via Zoom, Skype, or Google Meet with your classmates
- Utilize virtual office hours if your professor is offering them
- If you need clarification about assignments reach out to your professors via email
- Schedule a virtual meeting with the Writing Center for assistance with papers



VCU Student Success
Campus Learning Center